



# Blessing Your Family with a Spiritual Love Letter

## What is a Spiritual Love Letter?

A Spiritual Love Letter may be one of the most meaningful gifts you can leave to your family and friends. Designed to pass along your Christian values, life lessons, and blessing from one generation to the next, a Spiritual Love Letter (sometimes referred to as an Ethical Will) is a document that traces its origins to Genesis 49:1-33, when a dying Jacob gathered his sons to offer them his blessing.

## How do I write a Spiritual Love Letter?

Writing a Spiritual Love Letter may seem challenging at first; but if you view it as a “love letter” to your family, the process can be spiritually rich and deeply satisfying.

Because a Spiritual Love Letter is not a legal document, and is not made for the purpose of distributing assets, the content and form of the Spiritual Love Letter is up to you. Having said that, there are three elements that most Spiritual Love Letters have in common. They are listed below for you, with suggested reflection questions to guide you through the process:

### 1. Beliefs and Values

What do you believe about God? How has His unconditional love and grace shaped your life and relationships? What is

your philosophy when it comes to raising and educating children? What are your convictions about church, discipleship, and outreach? What are your guiding principles for handling money? Are there other values you want to pass on to the next generation?

### 2. Life Lessons

What did you learn from your grandparents? Parents? Siblings? Spouse? Children? Employer(s)? What were some of the defining moments of your life, and what did you learn from them? What experiences and people are you most grateful for? What were some of your greatest disappointments or regrets? What are the keys to developing Christlike character?

### 3. Message of Hope

What are some of the most meaningful passages of Scripture to you? What do those verses mean to you, and how did they play out in your life? What principles do you hope will guide your family in the future? What message of hope and encouragement do you wish to leave to your family and friends? What did you most appreciate about your family and friends, and how did you grow closer to God because of them? What spiritual blessing do you want to give to your loved ones?

*Although not a legal document, you may choose to include a Spiritual Love Letter as part of your estate plan.*

## Please consider including Life Action in your will.

- I would like more information on how having an up-to-date estate plan can impact generations to come.
- I have already included Life Action Ministries in my will, trust, or estate plan.

Name: \_\_\_\_\_

Phone: \_\_\_\_\_ Email: \_\_\_\_\_

Go to [LifeAction.org/Estate-Giving](http://LifeAction.org/Estate-Giving) to bless your family with a God-honoring will.