

COMPLETE SPIRITUAL

THE CHRISTIAN'S LIFE AND GROWTH EVALUATION

The goal of this checkup is to identify problem areas, affirm positive areas, and help us see ourselves as God sees us.

“Search me, O God, and know my heart; try me and know my anxious thoughts; and see if there be any hurtful way in me, and lead me in the everlasting way” (Psalm 139:23-24).

1 New Birth

“Examine yourselves, to see whether you are in the faith. Test yourselves. Or do you not realize this about yourselves, that Jesus Christ is in you? Unless indeed you fail to meet the test!” (2 Corinthians 13:5).

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|---|-----------|
| 1. I have fully agreed with God about the sin in my life, and I have turned away from it so that I can live the kind of life Jesus died to provide. This repentance has changed the way I live, speak, and think (Acts 26:20; Luke 13:3; Titus 2:11-14). | YES
NO |
| 2. I have placed all of my trust and complete confidence in Jesus Christ alone for salvation—trusting in no one and nothing else (Ephesians 2:8; John 14:6; Acts 16:31; Romans 10:9-10). | YES
NO |
| 3. I have assurance from the Holy Spirit that I have been fully forgiven and accepted as God’s child (John 1:12-13; Ephesians 1:7-13; 1 John 5:13). | YES
NO |
| 4. The Bible teaches that a changed life is powerful evidence of true faith. It is obvious that God has changed me from the inside out, and that my behavior, desires, and direction are increasingly aligning with Christ (James 2:24; Matthew 7:13-24). | YES
NO |

If you circled one or more questions NO, check this box:
and realize that you may not have experienced true salvation and the new birth.

2 Intimacy with God

“Thus says the LORD: ‘Let not the wise man boast in his wisdom, let not the mighty man boast in his might, let not the rich man boast in his riches, but let him who boasts boast in this, that he understands and knows me’” (Jeremiah 9:23-24).

GOD’S WORD

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| 1. I desire to read and obey the Word of God. | YES | NO |
| 2. I take time daily (or with rare exception) to read, meditate on, and memorize Scripture. | YES | NO |
| 3. I often find myself thinking about, singing, or praying Scripture to the Lord. | YES | NO |
| 4. I am continuing to increase in my understanding of the Bible, God’s Word. | YES | NO |

PRAYER

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|---|-----|----|
| 1. Meaningful prayer is a part of my daily life. | YES | NO |
| 2. I am praying regularly with others (e.g. family, friends). | YES | NO |
| 3. The last time I received an answer to prayer that only God could fulfill was within the last few: ___ Hours ___ Days | | |
| 4. ___ Weeks ___ Months ___ Years | | |
| 5. My prayers are: ___ Heartfelt ___ Empty words ___ Repetitions ___ Duty | | |

If you circled one or more questions NO, check this box:
and realize that your pursuit of intimacy with God is diminishing with each NO.

3 Hindrances to Revival

"Your iniquities have separated you from your God; and your sins have hidden His face from you, so that He will not hear" (Isaiah 59:2).

PRIDE

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| 1. It is hard for me to express genuine love and appreciation for Jesus and others. | YES | NO |
| 2. It is difficult for me to ask forgiveness from family or others when I sin against them. | YES | NO |
| 3. I have a tendency to want credit for accomplishments. | YES | NO |
| 4. Others would say that my primary drive is to look out for myself rather than to serve others. | YES | NO |

DEALING WITH UNCONFESSSED SIN

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|---|-----|----|
| 1. It is difficult for me to confess my sins to God. | YES | NO |
| 2. I am aware of specific sins I have not confessed and forsaken. | YES | NO |
| 3. I struggle to gain consistent victory over sinful habits. | YES | NO |
| 4. I have "secret sins" that I hide from others. | YES | NO |

**If you circled one or more questions YES,
check this box:**

and realize that you have allowed hindrances to keep you from experiencing personal revival.

4 Personal Holiness

"As he who called you is holy, you also be holy in all your conduct, since it is written, 'You shall be holy, for I am holy'" (1 Peter 1:15).

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| 1. When God speaks, I obey immediately; I allow the Holy Spirit to lead me and to control my thoughts and behavior. | YES | NO |
| 2. I am guarding my eyes and my heart in pursuit of moral purity. | YES | NO |
| 3. I do not lie, misrepresent, exaggerate, or mislead. | YES | NO |
| 4. Circle the words that best characterize your behavior and attitude within the last 48 hours: | YES | NO |

SPIRIT-LED

Patient
 Forgiving
 Encouraging
 Yielding
 Loving God
 Humble

{or}

FLESH-LED

Impatient
 Unforgiving (bitter)
 Critical
 Controlling
 Loving pleasure
 Proud

"All who are being led by the Spirit of God, these are sons of God" (Romans 8:14).

**If you circled one or more questions NO,
check this box:**

and realize that you need to pursue personal holiness in your daily life.

5 Priorities

"Seek first the kingdom of God and his righteousness, and all these things will be added to you" (Matthew 6:33).

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| 1. When family, friends, and others view my life, they see me consistently valuing eternal things (like giving, witnessing, studying God's Word, praying, developing meaningful relationships) rather than temporary things. | YES | NO |
| 2. I am guarding my heart from loving this present world system (this world's lifestyle, philosophies, entertainment, possessions, music, fashions). | YES | NO |
| 3. I am actively supporting my local church with the time, skills, and financial resources that God has blessed and trusted me with. | YES | NO |
| 4. From 1–7, rank the following activities based on the amount of time you spend doing each in a given day: | | |

- _____ Internet
- _____ Social Media/Entertainment
- _____ Food
- _____ Sports/Recreation
- _____ God's Word (reading, memorizing, meditating)
- _____ Prayer
- _____ Family/Friends

If you circled one or more questions NO, or if you sense that the way you prioritize your time does not reflect your commitment to Christ, check this box:

Realize that you need to pursue personal holiness in your daily life.

6 Valuing Others

"A new commandment I give to you, that you love one another: just as I have loved you, you also are to love one another. By this all people will know that you are my disciples, if you have love for one another" (John 13:34-35).

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| 1. As far as I know, there is no one alive whom I have knowingly wronged, offended, or hurt in any way, that I have not gone back to and attempted to make things right (sought forgiveness, offered restitution, returned what was stolen, etc.). | YES | NO |
| 2. I willingly submit to the authorities God has placed in my life (pastor, employer, parents, teachers, government leaders, etc.). | YES | NO |
| 3. I make intentional efforts to love others the way Jesus commanded, putting their needs above my own. | YES | NO |
| 4. I am known for extending God's love, generosity, hospitality, and grace to others, especially toward my own family and my school/ work associates. | YES | NO |

If you circled one or more questions NO, check this box:

and realize that you may not be engaging in developing healthy relationships.

LIFE ACTION

For additional resources visit LifeAction.org